



September Lunch Menu: Fri., Sept. 8, 2017 – Fri., Sept. 29, 2017

Each meal will be accompanied by a seasonal salad, fruit or homemade bread!

Drop-In Lunch Tickets: \$4.50

Monday	Tuesday	Wednesday	Thursday	Friday
<i>No School</i> 4 Save time and money by becoming an everyday eater.	<i>No School</i> 5 Extra quarts or pans available for purchase in the lobby cooler	<i>No School</i> 6 Each meal accompanied by a seasonal salad, fruit or homemade bread!	<i>1st Day of School</i> 7 Grades 1-8 12:15 dismissal (1-5)	8 Welcome Back Mac and Cheese. Served with roasted broccoli, carrot sticks, celery sticks and seasonal fruit.
11 Baked chicken tenders or tofu tenders served with salad and grapes	12 Taco bowl	13 Minestrone soup with foccacia	14 12:15 dismissal (K-5)	15 Black bean cakes, cilantro rice, corn salad
18 Chickpea Masala (masala is a tomato based Indian curry)	19 Pad thai (Thai style stir fry with rice noodles)	20 Corn chowder with cheddar chive biscuits	21 12:15 dismissal (K-5)	22 Greek chickpea salad and chicken salad wrap or veggie wrap
<i>Grade 7/8 Trip</i> 25 Turkey Swedish meatballs with egg noodle and carrot sticks	<i>Grade 7/8 Trip</i> 26 Fajita bowls	<i>Grade 7/8 Trip</i> 27 Chickpea stew with foccacia	<i>Michaelmas</i> 28 12:15 dismissal (K-5)	29 Potato latkes, homemade apple sauce, sour cream and green salad

Please let us know when ordering if you are gluten-free, dairy-free, vegetarian or have special dietary needs.

Menu Subject to Change.